

1st Day (Friday)

Time

15:30	Arrivals, applications and refer the youth centre or hotel room
16:00	Welcome and Introduction
16:30	Goalkeeper Training 1 (Technology, Fang technology, case technology, motion technology, position game)
18:00	Dinner
19:00	Theory - interviews with participants
20:00	Goalkeeper Training 2 goalkeeper teaching video technology
21:30	Game night
22:00	sleep

2nd Day (Saturday)

08:00	Breakfast
09:00	Theory or video analysis of the eve
10:00	Goalkeeper Training 3 (Technology, Fang technology, case technology, motion technology, position game)
11:00	Goalkeeper Training 4 (Technology, tactics, case-technology halfway up balls, parrying flight-Introduction)
12:15	Lunch / lunch break until 13:30
13:30	Video analysis - Flat + mid-range balls / course 5 (Recorded in goalkeeper training 4)
14:30	Goalkeeper Training 6 (Technology, tactics, case-technology high balls, parrying)
16:00	Goalkeeper Training 7 (Flight parades / parrying)
17:45	Dinner
18:30	free (Active Indoor visit by relaxing and water training) course 8
20:00	Video analysis - High Balls / course 9 (Recorded in goalkeeper training 7)
21:30	Game night
22:00	sleep

3rd Day (Sunday)

08:00	Breakfast
09:00	Cleaning up the room
09:30	Goalkeeper Training 10 (reaction training)
11:00	Goalkeeper Training 11 (Flanks, movement technique, position game)
12:00	Lunch
13:00	Official adoption and return home