

Training plan - Camp Kroatien - Lovran 29.07. - 05.08. 2018

Day	Date	Activity	Time
Sunday	29.07.2018	Day of arrival	From 2 pm
		Training-free	
Monday	30.07.2018	Training	7:30 - 8:45 am
Tuesday	31.07.2018	Training	7:30 - 8:45 am
Wednesday	01.08.2018	Training	7:30 - 8:45 am
Thursday	02.08.2018	Training	7:30 - 8:45 am
Friday	03.08.2018	Training	7:30 - 8:45 am
Saturday	04.08.2018	Training	7:30 - 8:45 am
Sunday	05.08.2018	Departure	From 10-12 am
		Training-free	

General times for:	
Breakfast	7:00 - 10:00
Dinner	19:00 - 21:00

Changes are possible!